

Coming soon...

HERE FOR YOU

AZ PUBLIC HEALTH CONNECT



WELL-BEING FOR PUBLIC HEALTH PROFESSIONALS

AZPH Connect provides a free and easy way for the Arizona Public Health community to add well-being into their day

- Sign up today and start receiving texts in summer 2022

WHAT WE OFFER

Enroll to receive 2x weekly text messages of support created for Arizona's public health workforce by members of the public health workforce. Get tips and resources to:

- Reduce stress
- Practice self-care
- Strengthen mind and body

Text "AZPHconnect"
to 60298 to enroll!

Msg & data rates may apply.

