

# All About Perseverance

Parents,

Hello! Here at school, we have been very busy learning about perseverance- what it means, how it will help us and how we can do it! Learning happens best when it is done both at school and at home. Below are many ways that you can help your child continue to learn about the theme of perseverance through reading about it, talking about it, and practicing it! We have really enjoyed exploring this topic at school, and I hope your family will enjoy it just as much!

## Read About It!

Here are some books to help you learn more about perseverance:

- The Curious Garden by Peter Brown
- The Most Magnificent Thing by Ashley Spires
- The Dot by Peter Reynolds

## Practice It!

Help your child learn to persevere by engaging in difficult tasks with him/her. Buy a large puzzle, learn and perfect a new skill, etc.. Find something to do together and commit to pushing each other through the challenge.

## Talk About It!

Here are some discussion points to help you talk about perseverance with your child:

- What do you think perseverance means and why is it important?
- Tell me about a time when it was hard to get through a challenge. How did you feel after?
- What are some things that are hard for you to push through, and how can I help you?
- What are 3 goals you have? What may be some challenges to meeting these goals? What will happen if you don't give up?