



Kindness is sweet, sprinkle it everywhere by participating in

Random Acts of Kindness Spirit Week



February 12-16, 2024



Monday Feb. 12	Tuesday Feb. 13	Wednesday Feb. 14	Thursday Feb. 15	Friday Feb. 16
<p>Hats off to kindness!</p> <p>Wear a hat or headband.</p> 	<p>Sprinkle kindness like confetti!</p> <p>Wear polka dots or stripes.</p> 	<p>Kindness makes our hearts grow!</p> <p>Wear red, pink or hearts!</p> 	<p>Use Kindness to work out problems with others!</p> <p>Wear athletic gear.</p> 	<p>Kindness is the Red Pump way!</p> <p>Wear Red Pump colors or gear.</p> 
<p>Think of a way you can make someone smile today.</p>	<p>Give a heartfelt compliment to someone.</p>	<p>Write a kind note for an RPES staff member or a family member.</p>	<p>Work out a problem with a friend and apologize.</p>	<p>Do a random act of kindness.</p>