

All About **Acceptance**

Parents,

Hello! Here at school, we have been very busy learning about acceptance- what it means, why it's important and how to get better at it! Learning happens best when it is done both at school and at home. Below are many ways that you can help your child continue to learn about the theme of acceptance through reading about it, talking about it, and practicing it! We have really enjoyed exploring this topic at school, and I hope your family will enjoy it just as much!

Read About It!

Here are some books to help you learn more about acceptance:

- Different Just Like Me
by Lori Mitchell
- Whoever You Are by Mem Fox
- Beegu by Alexis Deacon
- Elmer by David McKee

Practice It!

Together with your child, pick a few different foods, and try to eat them each with a spoon, knife and fork. Talk about what would happen if we only had forks? Knives? Spoons? Use this activity to talk about how our differences make a stronger community.

Talk About It!

Here are some discussion points to help you talk about acceptance with your child:

- What do you think acceptance means and why is it important?
- Tell me about someone in your class who is different than you. How can your differences be a good thing?
 - What is one way you can show acceptance at school?
- Has anyone ever made you feel accepted? Tell me about it.
- What would the world look like if everyone was the same?