Jenna Velez, LCSW, is the Vice President of External Affairs at The Mental Health Association of Westchester. Ms. Velez has worked at MHA since 2005 after completing a Master's in Social Work at Columbia University School of Social Work in New York City. She has extensive experience providing mental health care and is committed to furthering MHA's mission of promoting mental health and wellness through community education. Ms. Velez is one of the co-chairs of the Westchester County Coordinated Children's Service Initiative Trauma Subcommittee. She has a passion for fostering the adoption of trauma-informed practices and eradicating stigma around mental health.