



Standard Trainings Offered by the Labor Education Department

All sessions are 90 minutes. They can be in-person or via Zoom. These sessions are interactive practice based.

Welcome to Your Union: All New Members and Convention Delegates

This workshop is open to new NYSNA members and Convention Delegates looking to get more involved in the work of the union. It will cover some basic concepts of what a union is and what roles we have as rank-and-file members. We will also offer an overview of NYSNA, its structures and bodies, and some general information about our health care and political system that affect our jobs and patient care.

Learn How to Mobilize Members for Union Events and Actions

As we get more involved in the work of the union, we realize the importance of building power by engaging our coworkers. Join us to learn about ways to spread the word about union actions, have effective conversations, and develop good listening skills. With these skills you and your coworkers will be able to mobilize members, and the community, so that the boss has no choice but to listen.

Staffing Enforcement: Collecting Protests of Assignments

Protests of Assignment (POAs) are an important organizing tool in the fight to win safe staffing. POA forms are used to track patterns and provide a record that will help nurses build their case and organize action plans for better staffing on their unit, at labor-management meetings, staffing committees and during contract negotiations, among others. Join us for a session to go over the details of filling out a form, engaging more members to do the same in a coordinated POA campaign.

Know Your Rights: Organizing, Representation and Contract Enforcement

One of the basic rights workers have is organizing and engaging in union activity without fear of retaliation. Further, workers have the right to request representation for most meetings with management – called Weingarten Rights. To learn the full scope of our rights and how to understand and read your contract to ensure we are protected, confident and our rights are being enforced, join us for this session and bring a co-worker.

Taking Control of our Meetings with Management

Learning how to take and keep control of a meeting with management is the best way to ensure its success! Learn how to prepare, present the union's position to management and make sure there is meaningful follow through. In addition to learning how to plan for the meeting and getting some tips for ensuring it goes well, members will get the chance to practice!

New Officer Training

Join as a newly elected LBU Executive Committee (or attend as a refresher!) and we will go over various items (as requested) such as:

- What does it mean to build power and be a leader
- How officers can work together, and engage their members
- Understanding each officer's role
- Meeting facilitation
- Planning for meetings with management
- Understanding your bylaws and your contract.

We can add any other items that are most relevant to your facility. For example, are you about to go into contract negotiations? Let's review the building blocks of a successful contract campaign.