

**#VirtualHighFive**

**Join in**

- > Share your words of encouragement with a Virtual High Five. Write it on your hand.
- > Take a selfie.
- > Post it. **#VirtualHighFive**

Then enjoy the added bonus of washing your hands really well to get the ink off.

- > Share your words of encouragement with a Virtual High Five. Write it on your hand.
- > Take a selfie.
- > Post it. [#VirtualHighFive](#)

Then enjoy the added bonus of washing your hands really well to get the ink off.

Each day, New York State OASAS will post and share. We're in this together.  
#VirtualHighFive

